# UNWIND PROJECT NEWSLETTER 2





March, 2019

WELCOME TO THE SECOND NEWSLETTER OF THE 'UNWIND' PROJECT!

### WHAT IS COMING?

Most of the learning contents for IO1, IO2 and IO3 has been already completed and the next step is to produce media reach mini-learning format resources. UNWIND team will work in order to develop a full suite of dynamic training resources constituting a valuable source of knowledge and skills for young people in labour market. The resources will be created as interactive and engaging tool available to be used in online learning. UNWIND team plans to fully develop the resources by December 2019.

#### WHAT HAS BEEN DONE?

The first part of the work in the UNWIND Project is creating educational content for IO1, IO2 and IO3 resources.

The first Intellectual Output of the UNWIND Project is Career Management Resource Toolkit. The resources aim at building key competences of young people to enable them to develop their sense of self in society, pursue learning and work opportunities, visualise, plan and achieve their career aspirations and develop networks of support.

The second Intellectual Output of the Project is High-value Skills Development Toolkit. The resources support the acquisition of high-value labour oriented skills in the areas of communication, teamwork, problem solving and leadership.

The third Intellectual Output is Stress Management Resource Toolkit. It aims at assisting young people in building strong competences of effective stress management in workplace.





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## THE SECOND PARTNER MEETING IN NICOSIA



Our team during the partner meeting in Nicosia, Cyprus.

### **MEETING IN NICOSIA, CYPRUS**

It's been a second time now, when members of the UNWIND team met to discuss the development and progress of the Project.

Our second meeting took place 28<sup>th</sup> of February - 1<sup>st</sup> of March 2019 in Cyprus, in the city of Nicosia.

### WHERE CAN YOU FIND US?

IN ORDER TO LEARN MORE ABOUT THE PROJECT VISIT OUR WEBSITE AND JOIN US ON FACEBOOK!



### www.unwind.work



https://www.facebook.com/ unwind.work/ The second partner meeting started with a short review of the project – intellectual outputs, objectives, schedule and general development.

The meeting was filled with discussions on the resources developed by the UNWIND partnership in previous months. Taking into consideration feedback from local working groups, shared by some of the partners, we analysed how can we present created contents in most effective and engaging way to respond to the needs of targeted young employees.

Additionally, we discussed administration, technical and managemental issues of the project. Our meeting was finished with clear division of tasks among partners and establishing deadlines for coming months.

Our work on the project will continue. We planned the third project meeting, which will be held 23<sup>rd</sup> - 24<sup>th</sup> of September 2019 in Joensuu, Finland.







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